

POWAI TARANG

February 2024



ROTARY CLUB OF BOMBAY POWAI



FEBRUARY IS

PEACE AND CONFLICT
PREVENTION/RESOLUTION
MONTH

"Imagine all the people living life in peace..."

John Lennon



www.rotary.org

Rotary
District 3141



'POWAI TARANG'

ROTARY CLUB OF BOMBAY POWAI

incredible
2023-24



My dear Rotary Club Family,

As we step into the last quarter of the Incredible year and embark on another chapter of service and fellowship, I am honored to address you as the President of our esteemed Club, the Rotary Club of Bombay Powai. Our Club stands as a beacon of hope and goodwill in our community.

In the coming quarter, let us reaffirm our commitment to the Rotary principles of 'Service Above Self' and the pursuit of peace and understanding. Together, we have the power to make a meaningful impact on the lives of those in need, both locally and globally.

I encourage each and every one of you to actively participate in our Club's initiatives, whether through volunteering your time, sharing your expertise or contributing to our fundraising efforts. It is only through our collective efforts and team work that we can make a positive change and leave a lasting legacy of service.



PRESIDENT Speaks



I wish to express my gratitude to our past Presidents and longtime members for their dedication and guidance. Your wisdom and experience are invaluable assets to our Club and have been the North Star for me this year. I shall continue to work alongside each one of you in the coming times too.

As we navigate the challenges and opportunities that lie ahead, let us remain steadfast in our commitment to Rotary's ideals and unwavering in our determination to make a difference. Together, we can truly be the change we wish to see in the world.

Thank you for your continued support, and here's to a successful and fulfilling last quarter of the Incredible year ahead.

Yours in Rotary,
Kamalini
President, RCBP

R.I PRESIDENT *Speaks*

R. GORDON R. MCLNALLY



I am enthused and encouraged by your embrace of mental health initiatives throughout the Rotary world. More than 1,000 of you have responded so far to an ongoing survey by the Rotary Action Group on Mental Health Initiatives, offering your feedback on what Rotary can do to improve the personal well-being of members.

The top suggestions are illuminating. Rotary members are asking for more fellowship, camaraderie, conversation, cohesiveness, and connection. They also want more recognition, validation, and integration. They are seeking more service opportunities, and they want more wellness activities, including mental health speakers, awareness efforts, and education.

Our members not only appreciate the greater focus on mental health, but they also believe that making more of the Rotary experience will materially improve their lives. I find it interesting that members are not asking anything dramatically new of their club — rather they want more of what we do best. For example, connection can be improved during meetings simply by assigning seating once each month to encourage people to speak with someone new.

Here are some great ways that we can help achieve these results and make Rotary more appealing to those considering membership. First, we need to acknowledge the importance of increasing belonging in our clubs and to encourage Rotary members to make the most of every opportunity for new and stronger connections. Public health experts worldwide are concerned about increasing levels of loneliness — the U.S. surgeon general has even declared it an epidemic. Mental health experts agree that finding groups and clubs around common hobbies and interests is a strong way to create greater connectedness. This is what Rotary is all about. We need to make sure all of our members are fully engaged and that our communities are better aware of this inherent strength.



R.I PRESIDENT Speaks



Second, if your club has found new ways to build connection, please share your stories with us at mindhealth@rotary.org so we can make them more broadly known within the Rotary world. Your good ideas might inspire others. Post your service project stories on Rotary Showcase.

And finally, I encourage you to share feedback from surveys like this with your club and bring forward your own ideas to improve your club experience and meet your peers' expectations. The journey we have begun is about more than mental health. It is about taking advantage of the full strength of our wonderful organization and helping all members feel that they are part of a community that cares deeply about their personal well-being.

Everything you do to strengthen connections in Rotary, with each other and the people we serve, also helps improve mental health. And everything we do to improve mental health helps strengthen those connections. Let's continue this virtuous cycle.

Gordon McInally
President, Rotary International



In Action

Annapurna at Asha NGO, Powai

Under the able guidance of Dr Smita Puniyani Asha NGO is realising its aim of bringing hope through education. The commitment of the teachers and the determination of the students to excel is a joy to witness. RCBP family members celebrate their Birthdays & Anniversaries with the children of Asha. Once a week the kids are given a healthy, nutritious & sumptuous evening meal, contributed by members having their special days that week. A purely voluntary contribution.

Project lead- Kavita Sharma



February 1st

February 22nd

February 28th



In Action

MEDICAL PROJECTS

General Camp with free general medicines, Vision screening, cataract screening and Free spectacle distribution, Exhibition of IEC material for Health awareness, Oral Camp & street Play for Awareness

February 3rd ----- Morarjeenagr Nagar, Near Police station, Aarey Colony Road, Powai,
93 eye screenings & 62spectacles distributed.
Cataract case referred - 11, Oral - 12
Total beneficiaries - 113 (M- 75 & F- 38)



February 4th -----Support Staff of Westend CHS, Building no 31, Raheja Vihar Chandivali, Powai.
67 eye screenings & 42 spectacles distributed.
Cataract case referred - 2, Oral - 10
Total beneficiaries - 90 (M- 43 & F- 47)



February 5th -----Support Staff of Westend CHS, Building no 31, Raheja Vihar Chandivali, Powai.
48 eye screenings & 31 spectacles distributed.
Cataract case referred - 4, Oral - 7
Total beneficiaries - 52 (M- 21 & F- 31)



MEDICAL PROJECTS

General Camp with free general medicines, Vision screening, cataract screening and Free spectacle distribution, Exhibition of IEC material for Health awareness, Oral Camp & street Play for Awareness

February 9thFilterpada, Circle Hall, Aarey Road,
164 eye screenings & 105 spectacles distributed.
Cataract case referred - 12, Oral - 23
Total beneficiaries - 109 (M- 35 & F- 66)

February 10th Community & Support Staff of Al-
Rehman English School, Tagore Nagar, Group no 8A,
near Samaj Mandir Hall, Vikhroli,
151 eye screenings & 93 spectacles distributed.
Cataract case referred - 6, Oral - 16
Total beneficiaries - 113 (M- 38 & F- 75)

February 11th Saki Vihar Complex, Saki Vihar Rd,
Ansa Industrial Estate, Chandivali, Andheri East,
102 eye screenings & 83 spectacles distributed.
Cataract case referred - 6, Oral - 27
Total beneficiaries - 104(M- 66 & F- 38)



In Action

COMMUNITY SERVICE

February 22nd Baghbaan project at Saidham Old Age Home
 Provided 2 big electrical appliances, a 4 burner cooking range & a new refrigerator. Also a sewing machine. Few furniture items were donated by Ratna Nidhi Charitable Trust from Khetwadi , Girgaum, Churney Road .

Project lead - Savita Govilkar

February 22nd False ceiling in 2 classrooms of local Zilla Parishad school at Ghatalpada, Manor to give the students relief in summer.

Project lead -Shree Bhawe



February 27th Provided a water cooler & 8 white boards to Vivek Vidhyalaya, Parksite.
 Project lead - Latha Vanamali



February 21st Self Defense Workshop for girls at Vivek Vidyalay.

The "DefendHer- Self-Defence Program for Girls" was a collaborative endeavor between Maxx Social Welfare Foundation and the Rotary Club of Bombay Powai. This initiative aimed to empower young girls from Vivek Vidyalaya Parksite (Vikhroli) with essential self-defence skills and knowledge to ensure their personal safety. By providing these students with the means to defend themselves, our goal is to enhance their confidence and security in today's world.

Objectives:

1. Empowerment: To instill self-defence skills in girls, fostering confidence and self-assurance.
2. Personal Safety: To educate students about personal safety measures and strategies to mitigate potential threats.
3. Awareness: To raise awareness about the significance of self-defence and personal safety among young girls.
4. Collaboration: To strengthen community partnerships and encourage cooperative endeavors in education and safety.

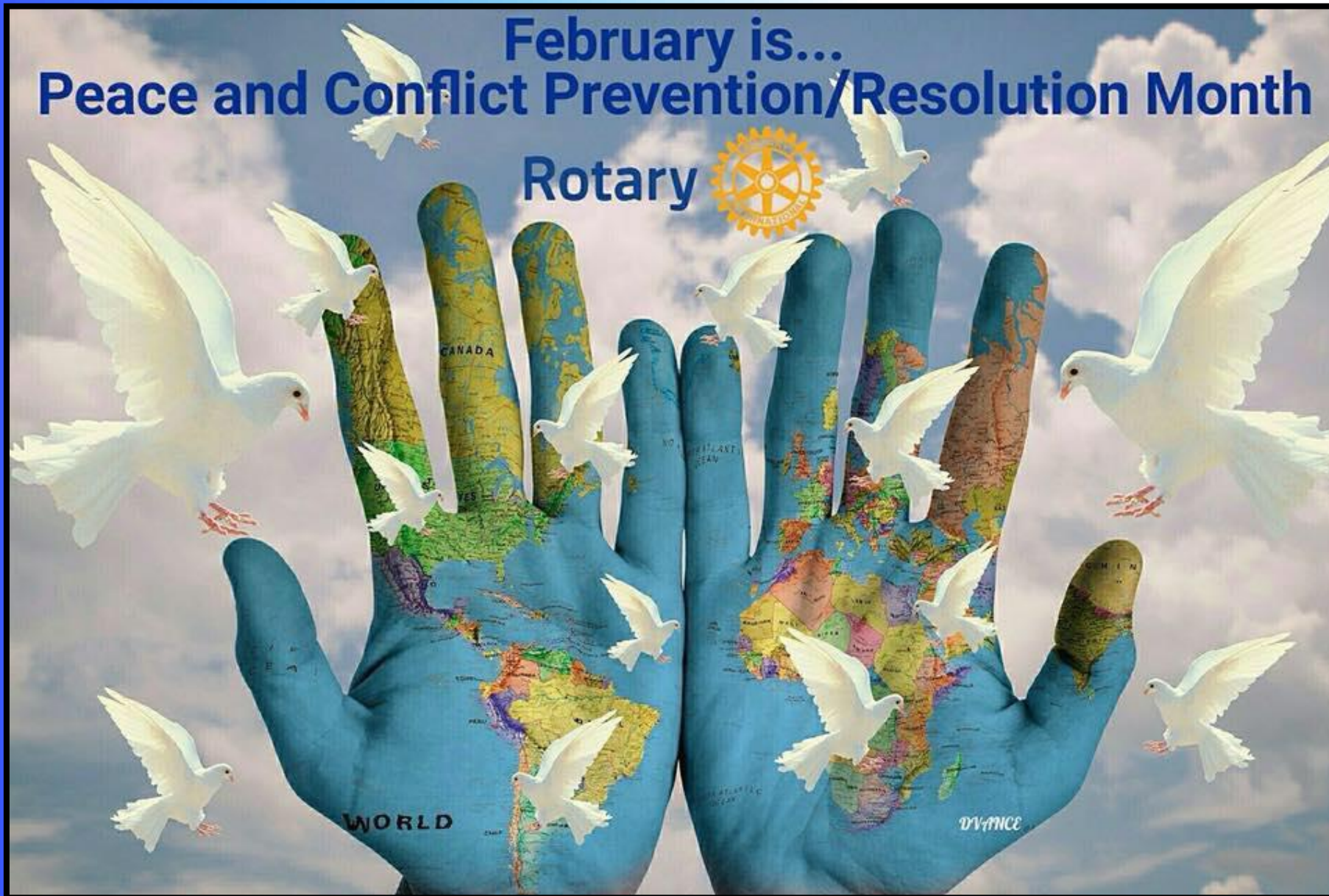
Project lead - Vidya Balkhande



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Meetings

Speaker Meeting

19th February 2024 ... Life lessons of joint family Speaker - Rtn Cdr Ramnath ji.

An excellent session which kept the full house enthralled for the whole duration. Giving a delightful spin to the topic - yet he drove home several important lessons with a feather touch that tickled! He brought the extra ordinary light touch and humour to even serious events - without compromising their sanctity/dignity!



Meetings

Fellowship -- Dahisar River & Warli Pada Walk

25th February 2024

The purpose of the walk was to understand the life of Warlis in the forest surrounded by a bustling city. To understand how they co-exist with nature and wild animals . To know that this city has Rivers & we need to conserve them.

Highlights of the walk: *Trail walking in Sanjay Gandhi National Park along the Dahisar River * Visit the indigenous tribal village and have conversations around their way of life. * Light breakfast at the Warli house & a delicious tribal meal at the village. * Warli art workshop . * Learn about how the make organic colours using river stones.

Ending the day relaxing at the village courtyard.

This eco friendly event supports the local economy and livelihoods of the forest dwelling community.



Meetings

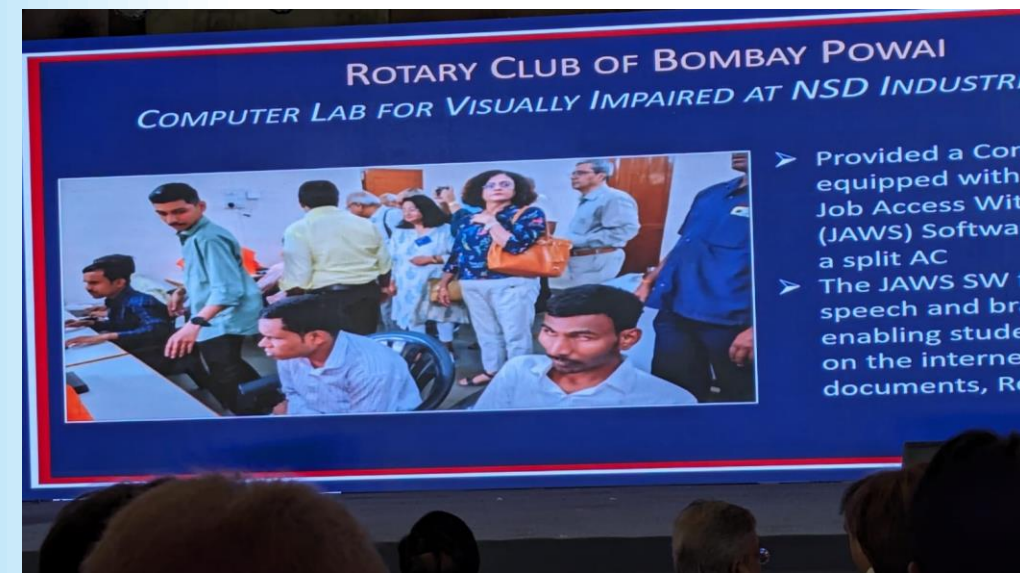
Fellowship -- Dahisar River & Warli Pada Walk

25th February 2024



DISCON 2024 -- Darpan

10th February 2024





Room no.711 -Rotary's birthplace

The number 711 has a very special significance for Rotary. Room 711 of the old Unity Building, formerly located at 127 North Dearborn Street in downtown Chicago, Illinois, USA, was the birthplace of Rotary International. That historic room, which was the office of engineer Gus Loehr, was the location of that first meeting when Paul Harris met with several friends to discuss his new idea of a club for professionals and businessmen.

A few Chicago Rotarians set about to preserve the room and restore it to its 1905 authenticity. For years, Room 711 was preserved as a miniature Rotary museum by Rotarians around the world who voluntarily belonged to and contributed annually to the "Paul Harris 711 Club," which provided funds for leasing, maintenance and preservation. In 1989, the Unity Building was about to be torn down. Members of the 711 Club carefully dismantled the landmark room and placed its contents in storage. There it stayed until 1994, when the recreated Room 711 found a permanent home, and this piece of the Rotary heritage is preserved at the RI World Headquarters in Evanston.



Was Paul Harris the first president of a Rotary Club? -- No.

Was Paul Harris the first president of Rotary International? -- Yes.

There is an easy explanation to this apparent contradiction. Although Paul Harris was the founder and organizer of the first Rotary club in Chicago in 1905, the man selected to be the first president was one of the other founding members, Silvester Schiele.

By the year 1910 there were 16 Rotary clubs, which linked up as an organization called the National Association of Rotary Clubs. Two years later the name was changed to the International Association of Rotary Clubs, as Rotary was organized in Winnipeg, Canada, and then in England, Ireland and Scotland. In 1922 the name was shortened to Rotary International.

When the first organization of Rotary clubs was created in 1910, Paul Harris was selected as the first president. He served in this position for two years, from 1910 until 1912. Thus, the founder of the Rotary idea, who declined to be president of the first club, became the first president of the worldwide organization, Rotary International.

February Celebrations !!

Rotary
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Birthdays

- * 4th Alan D'Silva
(h/o Niharika D'silva)
- * 6th Nita Shah
(w/o Pankaj Shah)
- * 7th Ruchi Aggarwal
(w/o Pankaj Shah)
- * 7th Astha
(d/o Garima Haralalka)
- * 8th Arihant Sheth
(s/o Tejal & Amit Sheth)
- * 9th Sadhna Bhave
(w/o Shree Bhave)
- * 12th Naresg Gupta
- * 14th Latha Vanamali
- * 16th Karan
(s/o Atul Khosla)
- * 17th Krutee Ranpara
- * 21st Deepti Shah
(w/o Sujen Shah)
- * 24th Shivank
(s/o Rakesh Aggarwal)
- * 24th Kriti Gupta
(d/o Naresh Gupta)
- * 25th Upneet
(s/o Capt. Jasbir Chauhan)
- * 26th Rohan Deshpande
(s/o Ashish Deshpande)

Anniversaries

- * 4th Sonalika & Yogesh Gupta
- * 5th Tanushree & Ashok Nandy
- * 8th Kavita & Sunil Sharma
- * 10th Ruchi & Rakesh Aggarwal
- * 12th Rajani & Naval Khanna
- * 15th Kamalini & Atul Pathak
- * 15th Minakshi & Atul Jain
- * 16th Vidya & Mani Mamallan
- * 16th Nita & Pankaj Shah
- * 24th Tejal & Amit Sheth



ROTARY CLUB OF BOMBAY POWAI

Club ID 27861

Charter date: 11/03/1991

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Meeting day & time : Monday at 7:30 p.m

Directors :

Club Service	: Ashok Nandy
Membership	: Latha Vanamali
Public Relations	: Nalini Raghavan
TRF & Foundation programs	: Hanuman Tripathi
Global Grant	: Farida Thakur
Fund raising & CSR	: Gayatri Mishra Oleti
Community Service Medical	: Yogesh Gupta
Community Service Non-med	: Sanjay Thakur
Vocational Service	: Yogesh Gupta
Youth Service	: Anju Ahluwalia
International Service	: Anurag Chadha
Dist. Special Focus Areas	: R. Vanamali
Governance & Compliance	: Pradip Mitra
Citation & Awards	: Vivek Govilkar
Club Editor	: Dipanwita Dutt

Office Bearers :

President 23 -24:	Dr. Kamalini Pathak
IPP	: Kalpana Jaishankar
President Elect	: Dr. Susan Tripathi
Club Secretary	: Punit Jain
Treasurer	: Dilip Talreja
Vice President	: Amit Sheth
Sargent At Arms	: Ashok Singh
Joint Secretary	: Sumita Mishra
Club Trainer	: R. Vanamali

Editorial Team :

Dipanwita Dutt, Nalini Raghavan, Shrikrishna Bhawe,
Jyoti Shiralee, Vivek Govilkar, Davina Bali, Anurag Chadha

Chairpersons :

Environment	: Shrikrishna Bhawe
Pulse Polio	: Manjit Singh Bali
Women Empowerment	: Sunita Sainani
Happy Schools	: Ameeta Vohra
Powai Fest	: Manjit Singh Bali
Water & Sanitation	: Ashish Deshpande

Club Advisors :

Harish Iyer
Kishore Degwekar
Divyesh Thakrar



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